# DISCOVER

EST. 1999

ph. 519.227.4491 fx. 519.227.4998 lucanbiddulph.on.ca

### **Event Updates**

The following events have been cancelled or postponed:

- Lucan Community Centre/Arena Closed March 16th-until further notice
  - O No camps, recreational programming, rentals etc.
- Lucan YMCA Child Care Closed March 16<sup>th</sup>-April 6<sup>th</sup>
- Lucan Library Closed until April 4<sup>th</sup>
- Annual Fire & Ice Charity Hockey Game (March 21st)
- Big Brothers Big Sisters Bowl for Kids Sake (March 22<sup>nd</sup>)
- Lucan Skating Club Showcase (March 29th)
- SpeakLOUD Lucan (April 2<sup>nd</sup>)
- Villages United Chicken Dinner (April 19<sup>th</sup>)
- Matt Martin Concert (April 18<sup>th</sup>)

We would like to remind residents that the situation changing frequently as to what is open/closed/cancelled. Please follow our Township or Discover Lucan Biddulph Facebook pages or check the Township's website for updates. The Township Office will be open but we are asking that any unnecessary visits to the office be postponed. Call the office for questions, call ahead for appointments, use online banking or use the dropbox at the side of the building to drop off any bill payments.

We are continuing to monitor the situation and if residents have any concerns to contact their doctor's offce or access Telehealth Ontario 1-866-797-0000. As always in case of emergency call 911. For more information on the virus, current situation and advice, access the Middlesex-London Health Unit at <a href="https://www.healthunit.com">www.healthunit.com</a>

## LUCAN BIDDULPH DISCOVER

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### London's COVID-19 Assessment Centre

London's COVID-19 Assessment Centre will open Monday, March 16 at 11:00 a.m. at Oakridge Arena, located at 825 Valetta Street in London. Assessment Centres are out-of-hospital clinics where people can be seen by a healthcare provider for COVID-19 related concerns, rather than have them visit an Emergency Department, Urgent Care Centre or their family doctor's office.

Ontario's COVID-19 Assessment Centres are intended to educate and provide further medical guidance as well as to triage individuals and determine the next steps in their care.

IT IS IMPORTANT TO NOTE THAT THERE WILL BE NO TESTING DONE AT THE LONDON COVID-19 ASSESSMENT CENTRE.

Starting Monday, the Assessment Centre will be open seven days a week from 11:00 a.m. to 7:00 p.m. There will be no medication or treatment onsite at the COVID-19 Assessment Centre.

The Health Unit and its partners recommend following the criteria below if someone has a COVID-19 concern:

Use the Ontario Ministry of Health's online self-assessment tool

Call Telehealth at 1-866-797-0000 for a telephone assessment if you have symptoms that include fever and/or cough AND any of the following within 14 days prior to the onset of illness:

- a. Travel outside of Canada
- b. Close contact with a confirmed or probable case
- c. Close contact with a person with Acute Respiratory Illness, who has been to an affected area

If you are not able to assess your symptoms, consider visiting the COVID-19 Assessment Centre for further information.

Anyone with severe respiratory illness, or a medical emergency should go to hospital

#### Signs of severe respiratory illness include:

- Shortness of breath/unable to catch your breath
- Severe fever that does not come down with Tylenol/acetaminophen
- Energy so low that you are physically unable to get out of bed or barely able and must rest again immediately