

LUCAN BIDDULPH

DISCOVER

EST. 1999

ph. 519.227.4491 fx. 519.227.4998 lucanbiddulph.on.ca

Message from the Mayor

Residents of Lucan Biddulph:

With growing concerns around the COVID-19 (“coronavirus”), we want to update our residents regarding our response to date and commitment to the health and safety of our residents, employees and visitors.

First and foremost, we want to assure you that we are taking additional appropriate measures within our public facilities:

- We have introduced enhanced cleaning protocols in all of our locations, with particular focus on high traffic areas i.e. Lucan Community Centre & Municipal Office
- We will be increasing our communication and reminders to residents regarding important health and safety measures as outlined by Health Officials.
- March Break Camp will continue at the Lucan Community Centre but if children are feeling unwell, please keep children at home.
- We would like to encourage residents to pay their water/sewer bills online and to set up receiving your bills via email, contact the Township Office.

To protect yourself and others, we ask that anyone who is feeling unwell refrain from visiting our public facilities so that together we can ensure a safe community for everyone. This is an ever changing issue, so please follow our Township & Discover Lucan Biddulph Facebook pages and website for any updates.

We are continuing to monitor the situation and if residents have any concerns with their health to contact their doctor’s office or access Telehealth Ontario 1-866-797-0000. As always, in case of an emergency call 911. For more information on the virus, current situation and advice, access the Middlesex London Health Unit at: www.healthunit.com

Thank you.

Mayor Cathy Burghardt-Jesson



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Symptoms and Treatment:

Symptoms range from mild – like the flu and other common respiratory infections – to severe, and can include:

- fever
- cough
- difficulty breathing

Complications from the 2019 novel coronavirus can include serious conditions, like pneumonia or kidney failure, and in some cases, death. There are no specific treatments for coronaviruses, and there is no vaccine that protects against coronaviruses. Most people with common human coronavirus illnesses will recover on their own.

You should:

- drink plenty of fluids
- get rest and sleep as much as possible
- try a humidifier or a hot shower to help with a sore throat or cough

If you need immediate medical attention you should call 911 and mention your travel history and symptoms.

Coronaviruses are spread mainly from person to person through close contact, for example, in a household, workplace or health care centre. There is no vaccine available to protect against the 2019 novel coronavirus. There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses. Take these everyday steps to reduce exposure to the virus and protect your health:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick
- stay home if you are sick



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