



Statement of Policy
Policy No. 100-44-2015
Effective: June 2, 2015
Revised:
Formerly:

TITLE: CONCUSSION PREVENTION & MANAGEMENT POLICY

Rationale

The Council of the Township of Lucan Biddulph seeks to ensure that users, participating in the Township of Lucan Biddulph recreation programs and at township facilities, along with Parks and Recreation staff, are aware of the signs and symptoms of concussions.

Details

A concussion:

- is a brain injury that causes changes in how the brain functions, leading to symptoms that can be physical (e.g., headache, dizziness), cognitive (e.g., difficulty concentrating or remembering), emotional/behavioral (e.g., depression, irritability) and/or related to sleep (e.g., drowsiness, difficulty falling asleep);
- may be caused either by a direct blow to the head, face or neck, or a blow to the body that transmits a force to the head that causes the brain to move rapidly within the skull;
- can occur even if there has been no loss of consciousness (in fact most concussions occur without a loss of consciousness); and,
- cannot normally be seen on X-rays, standard CT scans or MRIs.

(Reference: Government of Ontario, Ministry of Tourism, Culture and Sport website:

http://www.health.gov.on.ca/en/public/programs/concussions/docs/mtcs_concussion_guide_en.pdf)

Responsibilities: The Township of Lucan Biddulph will work with facility users to ensure concussion awareness by doing the following:

- Work with user groups to conduct ongoing awareness/ education to members of the public using Township recreation services, which may include flyers and information brochures
- Provide training to Township Parks and Recreation staff, particularly those working with youth, on the signs and symptoms of potential concussions, advising potential concussion victims to seek medical attention and how to document these potential injuries on the Parks and Recreation accident report
- Complete an annual assessment of current recreation programs and implement concussion prevention measures where required

Mayor

Clerk